

## EMDR Current Research Listing

*A project of the EMDR Research Foundation to provide a listing of EMDR Therapy research projects currently in process worldwide. This list is intended to include all current research projects related to EMDR Therapy and is not limited to projects supported by the Foundation.*

Principle Investigator Name	CPT David S. Wood, Ph.D.
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Publish E-mail Address in listing?	Yes
Country/Region	USA
Contact Information	David S. Wood, Ph.D., Licensed Psychologist Assistant Professor (Visiting)   School of Social Work Brigham Young University JFSB 2177, Provo, UT 84604 801-422-3289 <a href="mailto:d_wood@byu.edu">d_wood@byu.edu</a>
Project Title	A Multiple Modality Program for Combat Trauma in Active Military and Veterans Using EMDR Therapy, Equine Assisted Psychotherapy and Yoga: An Outcomes Monitoring Study
Date of Report	09/02/2015
Date of Report	Initial
Brief description:	Trauma and Resiliency Resources' Warrior Camp® program is a groundbreaking approach to treating Combat Trauma in active military and veterans of all eras. The weeklong intensive, residential program utilizes twice daily EMDR Therapy, EAGALA-model Equine Assisted Psychotherapy, Yoga, and Narrative Writing, in the context of community. Clinical data from 6 programs has been collected pre and post treatment and will be collected from the 7th program in October 2015. Data consists of 9 clinical screening tools, some clinician-administered and some participant self reports. The hypothesis is that the complexity of combat trauma (including the separate and distinct manifestations of PTSD, Military Sexual Trauma and Moral Injury) require a multi-modality approach to heal the trauma of war. The goals of the study are to document outcomes of an integrated treatment approach. No. of participants so far = 51.
Funding Source(s)	Individual donations
Anticipated end date	10-31-2015
Conceptualization and Design	completed
Data Collection	In Progress
Data Analysis	In Progress
Writing the Study	In Progress

Go to [www.emdrresearchfoundation.org/emdr-current-research-listing](http://www.emdrresearchfoundation.org/emdr-current-research-listing) to see other ongoing EMDR therapy research projects that have been submitted and to view any updates submitted by the principal investigator of this study. We invite all researchers to submit information about current EMDR research.

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Presented as a Poster or Presentation	In Progress
Submitted for Publication	No
Name(s) of Publications:	
Accepted for Publication	No
Name of Publication and any details you'd like to provide	
General comments:	Data has been collected at each of our 6 Warrior Camp programs so far. Our last program in 2015 is this October although our funding is at risk so we may not have data from a 7th program. Study of data collected will be submitted for publication in early 2016.

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