

We Did It!!.....Now What?



BY WENDY FREITAG, Ph.D.
EMDRIA FOUNDATION
PRESIDENT

As we closed 2010, the EMDRIA Foundation Board did so with a grateful heart. Our very ambitious 2010 goal was not only met but exceeded, with a total raised of \$104,816. It is such a testament to the dedication of the EMDR community. I also believe it surely exemplifies

our deep appreciation to Francine Shapiro and her discovery of EMDR. As I wrote in one of my previous articles, I can't imagine my life without EMDR, both professionally and personally. Serving on the Board and fulfilling the mission is only a small way to 'give back.' Yet this commitment pales in comparison to how EMDR has enriched my life, not to mention the healing for my clients. I know many of you agree with me and hence, your financial support.

First, I want to welcome Katy Murray, LICSW, BCD to the EMDRIA Foundation Board. Katy is well-known to the

EMDR community with her many faces of service over the years. Katy's creativity, energy and passion for our mission offer many positive advantages and she will be a great addition and asset to the Board. Her fundraising ideas and enthusiasm are infectious and will be a true benefit to the workings of the Foundation. Welcome Katy!

What is in store for the EMDRIA Foundation in 2011?

Yes, of course, we will continue our fundraising efforts—it is the only way for us to fulfill the mission. The Board has set an ambitious fundraising goal of \$125,000 for 2011. So, yes, you will be hearing from us about the many ways you can continue to be part of the solution. Likewise the Board is feverishly pursuing other sources of funding. Raising money is the primary function of the Foundation. At the same time, the Board must consider the most fiscally responsible way to manage the funds, both providing grants as well as investing a portion to secure the Foundation's future. Our mission is to support high quality research. It appears that supporting quality research comes in different forms. The Board is learning that direct funding of research only scratches the surface of what is needed.

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Andrew M. Leeds

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EMDRIA Foundation

The EMDRIA Foundation is a nonprofit, charitable organization created to further the development of EMDR through research and the education of mental health professionals and the public.

The Foundation's goals are to support:

- Excellence in the research, theory, training, practice and evolution of EMDR;
- Integration (of EMDR) with current psychotherapy research;
- Accurate information regarding EMDR being universally available.

The Foundation is funded by voluntary contributions from EMDRIA members and other supporters of EMDR. The Foundation is recognized by the IRS to be exempt from Federal income tax under section 501 (c) (3) of the Internal Revenue Code. Contributions are tax deductible under section 170 of the Code. Contributions can be made by mailing a check made payable to:

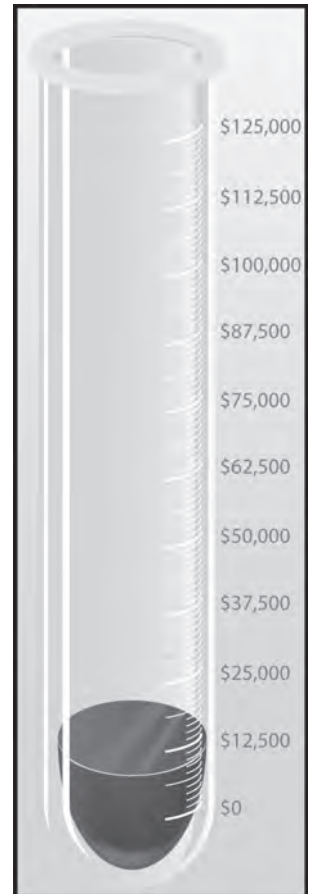
EMDRIA Foundation
5806 Mesa Drive, Suite 360
Austin, TX 78731-3785

Contributions can also be made online at

www.emdriafoundation.org

2011 Fundraising Goal **\$125,000**

Please help the EMDRIA Foundation Board reach its goal of raising \$125,000 by the end of 2011. Take a moment to donate now! Remember, your donations are tax-deductible! Please check the EMDRIA Foundation webpage for updates on fundraising status. Give in honor of your friends, colleagues, clients and family members. Support EMDR research by a tax-deductible gift to the EMDRIA Foundation.



\$11,564
(as of February 22nd)

Recent Dedicated Donations

- Susie Symons made a donation in memory of Diane Manahan.
- Nancy Postow and Deborah Smith-Blackmer made a donation in honor of Barbara Hensley and her special birthday.
- Robbie Dunton and Francine Shapiro made a donation in honor of Barbara Hensley's birthday.
- Katy Murray made a donation in honor of the dedication and heartfelt work of the present and past members of EMDRIA Standards & Training Committee.
- Roxann Hassett made a donation in honor of the dedication and heartfelt work of the present and past members of EMDRIA Standards & Training Committee.
- Nancy Bravman made a donation in memory of Muriel Bravman.
- Barbara Hensley made a donation in honor of Robbie Dunton's birthday.
- Nancy Errebo made a donation in memory of John Errebo.
- Teresa Guajardo made a donation in honor of Katy Murray.
- Karen Kleiner made a donation in memory of Michele Jungery, Ph.D.
- Virginia M. Weigel made a donation in honor of Richard G. Weigel.
- Elizabeth Prince made a donation in memory of George Mullancy who passed away on 11/15/2010.