

Subject: *EMDR and the Military in Action Newsletter*

Dear Colleagues:

The [EMDR Research Foundation](#) is a charitable foundation dedicated to the promotion of quality, unbiased research in EMDR. One of our adjunct goals is toward the continued education and support of EMDR-trained clinicians worldwide.

Commencing March, 2013, the ERF is sponsoring a mini-monthly newsletter that focuses on our colleagues who have been specifically trained to treat military personnel, veterans and their families. *EMDR and the Military in Action* is designed to promote continued interest and education in EMDR and to show our support for those clinicians who deal daily with this growing population of traumatized individuals.

One of the monthly highlights of the newsletter will be a featured article related to past or current research literature pertaining to their work in the clinical trenches with these individuals. The ERF is aware that military and veteran families face a unique set of stressors that may negatively affect their health and well-being and that the clinicians who treat them encounter a different set of challenges as well. It is our desire to keep you interested, well informed and connected to the EMDR community as well as to acknowledge our appreciation of the work that you do. It is hoped that these articles will help stimulate conversation and creative treatment ideas amongst our EMDR-trained military colleagues and potentially foster new research on the efficacy of EMDR in the treatment of military personnel and their families.

At this time, we would also like to direct your attention to [Military](#) presence on the newly-designed website of the [Francine Shapiro Library](#) (FSL). The new President of Northern Kentucky University, Geoffrey Mearns, has established [Veterans for Education and Transition Support](#) to help NKU student veterans to better transition from military to civilian life on campus. Partnering toward this end, the Military page on the FSL was created to provide EMDR-trained clinicians resources to help assist military personnel, veterans, and their families in the pursuit of their overall wellness and resources for the veterans.

As the newsletter evolves, please feel free to communicate any ideas and areas of interest for inclusion in future publications.

Wendy Freitag, PhD
President
EMDR Research Foundation