



Season's Greetings

Happy Holidays from the EMDR Research Foundation

*Thanksgiving is past; the New Year is near.
Clearly the times are ready for cheer*

*We speak to a group with unwavering conviction that
Investing in the future feeds the memory of tradition.*

*From the first moment of its birth
EMDR therapy has been rooted in research*

*This tradition has continued for 26 years
Bringing knowledge and healing- both worthy of cheers*

*For research to continue and knowledge to grow
Funding must increase and this we all know*

*The future that was placed in all of our hands
Requires a commitment that we expand*

*So to meet the goals of EMDR's success
Will require more and certainly not less*

WILL YOU JOIN US?

Many of you have donated to the EMDR Research Foundation over the years. We thank you and ask for your continued support. For those who have not yet contributed, please consider making a donation to the EMDR Research Foundation during this holiday season. We can't do it without you.

Ways to Help:

Join the Visionary Alliance

As 2015 quickly comes to a close, please consider joining the Visionary Alliance or increasing your monthly gift. Gratefully, the EMDR Research Foundation continues to flourish due to the generosity of our donors like you; but we need to do more! With your monthly donations, we continue to provide vital grant money for research that sheds light on the benefits of EMDR therapy. For \$15 or more a month, you could become a sustaining member of the Visionary Alliance. [DONATE NOW](#).

End of the Year Gift

During this holiday season; please consider giving the gift of research and knowledge. Pay tribute to a colleague or honor a friend or loved one by making a donation in their name. Or, make a "pay it forward" donation in your own name.

If you make a donation to the EMDR Research Foundation by December 31st you will receive a 2015 tax deduction. Why wait! [DONATE NOW](#).

Special Notes

As always, one of the easiest ways to support the EMDR Research Foundation is by liking us on [Facebook](#) and following us on [Twitter](#)! It is free and quick for you and greatly benefits us!

DONATE NOW!



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