



## The EMDR Research Foundation is Thankful for YOU!



As we approach the holiday season-we pause for a moment to say Thank You.

Thanksgiving provides an opportunity to focus on those things for which we are grateful. The EMDR Research Foundation Board of Directors is grateful to our generous donors for your ongoing support! It allows us to fund high quality research that helps clinicians determine the best course of treatment for their clients.

We are grateful to our new contributors-to those of you who have recently made your first donation to the Foundation-thank you and welcome! We are ever appreciative of those who have made donations over the years and contribute to the research base of EMDR Therapy.

And, if you are one of our monthly sustainers (our Visionary Alliance members), we are especially grateful for your ongoing support! Your monthly commitment allows us to plan for the number of grants available for EMDR therapy research, knowing that the funds will be there.

In giving a tribute gift during this holiday season, you can honor a colleague, friend, family member, or someone special. At the same time, you will be supporting the EMDR Research Foundation's mission to promote health and growth of human beings through the support of quality research, evidence-based practice, and compassionate, well-informed clinicians.

It's all up to you.

You decide your role in the important endeavor!

[Give to the EMDR Research Foundation now.](#)

*And Remember that Tuesday, December 1st is [GIVING TUESDAY!](#) What a wonderful opportunity to honor those you appreciate.*

*If you shop at Amazon, please choose the EMDR Research Foundation as your AmazonSmile charity. Amazon will donate .5% of your eligible purchases to fund EMDR therapy research. Use [this link](#) EVERY time you shop.*



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