

## Invest in the well-being of people everywhere.

## Translating Research Into Practice: Why Research matters to you!

The EMDR Research Foundation is committed to providing funding and support for unbiased research in EMDR with the ultimate goal of improving the quality of client care and the transformation of lives. Funding research alone won't do that – research has to be available and accessible to clinicians in a way that is relevant to their work!

The Foundation is launching the Translating Research Into Practice column to provide the vital link between research and practice. This is an exciting forum for researchers and clinicians to share clinical experiences that bring research to life and make research findings relevant in a clinician's day to day practice.

## How can you help?

The EMDR Research Foundation Translating Research Into Practice column is currently soliciting clinical case examples inspired by or supported by clinical research.

Clinicians, if you have read a research article that stimulated your thinking, inspired your work, or made a difference in your work with a client, please share this by writing a brief case description that elucidates or is inspired by the findings of a research article.

Researchers, if you have been involved in a research study and would like to share clinical examples that elucidate your findings, we invite you to share them with your clinical colleagues by writing your case example and how it relates to your research.

Clinical consultants and trainers, if you have found a research article that has proven helpful to a consultee or to trainees in their understanding of or application of EMDR, please share your experience. We can support researchers in disseminating their findings, providing the critical link between research and practice.

By sharing our clinical experiences that are inspired or supported by solid research, it will allow all of us to bring Evidence-Based Practice to life! Our new column will be premiering soon in the Journal of EMDR Practice and Research. If you would like to contribute a case summary for the Translating Research Into Practice column, please email Katy Murray at <u>katymurraymsw@comcast.net</u>. There are many other ways to help. Email <u>info@emdrresearchfoundation.org</u> to learn about the wide variety of volunteer opportunities with the EMDR Research Foundation.

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