



We need your help!

Dr. Shapiro's new book, "Getting Past your Past," is an inspirational and moving book for the general public and for clients who have begun EMDR therapy. Those who have read it are reporting the discovery of new skills for breaking out of their stuck patterns as well as new insights that assist them during EMDR therapy. However, the publisher doesn't have access to our connections to get the book out to the lay people for whom it was intended. It is up to all of us to help make this happen!!!

Will you please print the attached one-page flyer for your therapy waiting room and then forward this to your EMDR email list--as well as your family and friends? Regional Coordinators, Approved Consultants and Trainers, this flyer could also be distributed at Regional Meetings, basic trainings, or any public gathering where you might be speaking about mental health or EMDR.

Currently being offered at a low introductory rate at major bookstores

Fifty percent of the royalties of this important book will be donated to the EMDR Research Foundation.

It's a win-win for the Foundation! Thank you for supporting this important book **and** quality EMDR research—the backbone of EMDR therapy to help heal trauma world-wide.

You can also support the EMDR Research Foundation directly!

(Insert donation link)

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