



WOW! The EMDR Research Foundation has increased their research funding by 800% over last year. As a result of those funding increases and increased requests for financial support of EMDR research, the EMDR Research Foundation added an unscheduled RFP in September. Although we had only planned to fund one research project from this RFP, the two proposals were so strong that we decided to fund both! We are thrilled to announce [the two \\$10,000 awards](#) and introduce the recipients and their projects. We are also grateful to the EMDR community for their profound commitment both to EMDR and the research base upon which it rests.

Pre- intra- and post-treatment EEG imaging of EMDR therapy related changes in a cohort of patients and healthy controls, conducted by Marco Pagani, Senior Researcher with the Institute of Cognitive Sciences and Technologies, CNR in Rome & Padua, Italy. The study aims are to investigate the feasibility of Electroencephalography (EEG) on-line monitoring of the cortical activations occurring during EMDR therapy, more specifically during bilateral ocular desensitization and to disclose activation differences between twenty psychologically traumatized clients and 20 non symptomatic controls. EEG will be used for the first time to fully monitor neuronal activation during a whole EMDR session, which will make it possible to image for the first time the specific preferential brain activations caused by the therapeutic actions contemplated by EMDR protocol.

A functional neuroimaging study in PTSD patients versus healthy controls before and after EMDR psychotherapy: implications for the neurobiological mechanism of action of EMDR, conducted by Benedikt Amann, MD, PhD, of the Research Unit, FIDMAG at the Hospital Benito Menni in Barcelona, Spain. Twenty patients meeting criteria for PTSD will receive 15-20 sessions of EMDR and will undergo pre- and post-treatment fMRI scanning during performance of trauma-evoking, emotional processing and working memory tasks. Pre-treatment scans in the patient group will be compared with those in a matched group of 20 healthy controls. Imaging patients with PTSD before and after treatment with EMDR offers a means of determining which brain systems are involved in its therapeutic effect. The research team will examine to what extent any treatment-related changes correlate with clinical improvement. The results will help establish how and where EMDR exerts its therapeutic effects in the brain.

These projects are quite promising in the interest of advancing EMDR. However, it is only a beginning. To further this commitment, we are asking each EMDRIA Member to become a Charter Member of our Foundation's Visionary Alliance. Ask yourself, "*Do I want to be a part of the solution?*" "*Do I want to contribute to the body of knowledge to advance EMDR Research?*"

If the answer is **YES**, pledge \$15 or more per month and become a Charter Member of the [Foundation's Visionary Alliance](#) by midnight December 31st. Coincidentally, that is the same deadline for receiving a tax deduction for 2011. You can do both—donate an amount of your choosing for 2011 and continue that donation on an ongoing basis for 2012 and into the future. [Become a Charter Member now ⇒](#)

All Charter Members will be eligible to win one of the prizes listed below:

One-Year ["EMDR Therapist Network" Membership](#) donated by [Inner Courage](#)

One-Week Accommodations at a Deluxe Resort donated by Dr. Gerald Puk and Cynthia Kong (Winner's choice of destinations)

[Tac-Audio Scan](#) donated by [Neurotek Corporation](#)

[EMDRIA CE Distance Learning Program](#) donated by [Trauma Institute & Child Trauma Institute](#) (Winner's choice of programs)

Hand Turned Wood Pen made personally and donated by Katy Murray

Search Stick donated by AJ Popky

*It is all up to you...you decide your role in this important endeavor! Give to the EMDR Research Foundation **now**.*

www.emdrresearchfoundation.org/visionaryalliance

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