

EMDR Research Foundation

Happy New Year To Our Friends, Colleagues, and Fellow Bridge Builders

As the New Year approaches, we are all asked to once again dig deeper and support the causes we care about. The EMDR Research Foundation wants to celebrate all of you and your willingness to pave the way for generations to come by increasing the knowledge underlying our clinical work.



The Bridge Builder

By Will Allen Dromgoole

An old man going a lone highway,
Came, at the evening cold and gray,
To a chasm vast and deep and wide.
Through which was flowing a sullen tide
The old man crossed in the twilight dim,
The sullen stream had no fear for him;
But he turned when safe on the other side
And built a bridge to span the tide.

"Old man," said a fellow pilgrim near,
"You are wasting your strength with building here;
Your journey will end with the ending day,
You never again will pass this way;
You've crossed the chasm, deep and wide,
Why build this bridge at evening tide?"

The builder lifted his old gray head;
"Good friend, in the path I have come," he said,

"There followed after me to-day
A youth whose feet must pass this way.
This chasm that has been as naught to me
To that fair-haired youth may a pitfall be;
He, too, must cross in the twilight dim;
Good friend, I am building this bridge for him!"

Thank you for being one of the Bridge Builders

Every day another person is positively affected by the knowledge gained through the research you fund. This holiday season, please consider giving the gift of life changing research to those who need it most.

*It's the Last Chance to
Join the Visionary Alliance in 2013*

Consider joining the EMDR Research Foundation's Visionary Alliance before the end of 2013. For as little as \$15 dollars a month, (or one latte a week), you could join a growing community of individuals who help create and maintain the bridge to the future through steady, monthly giving. When you become a sustaining Visionary Alliance donor, you provide the Foundation with a constant stream of income which can be used as leverage when ERF pursues funding from larger organizations. It also helps provide funds for continuous quality research!

*Make An
End of the Year Gift*

The more we know about EMDR, the more support we can provide to clinicians and their clients. If you make a donation to the ERF by December 31st, you can receive a 2013 tax deduction.

[DONATE NOW](#)

Stay Connected With The EMDR Research Foundation

As always, one of the easiest ways to support the EMDR Research Foundation is by liking us on [Facebook](#) and following us on [Twitter](#)! It is free and quick for you and greatly benefits us!

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