



*Promoting the health and growth of human beings through the support of quality research, evidence-based practice and compassionate, well-informed clinicians.*

**A monthly newsletter keeping you informed.**

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#### **Volume 1, Issue 1**

### **Join the Alliance**

Start 2013 off on a positive note, consider joining **Visionary Alliance** or increasing your monthly gift. The EMDR Research Foundation continues to flourish thanks to the generous contributions from supporters like you. While we have made great progress, we can still do more.

For as little as **\$15 a month**, you can become a sustaining member of Visionary Alliance and help to plant the seeds that can positively impact someone's future.

To learn more about joining **Visionary Alliance** and making a one-time donation, visit [www.emdrresearchfoundation.org](http://www.emdrresearchfoundation.org)

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### **Special Notes**

### **Give Thanks and Celebrate**

EMDR Research Foundation is thankful for the progress that has been made in 2012, and for the support of so many donors.

#### **Highlights of 2012:**

We awarded \$25,000 in three separate grants to research projects investigating:

- the effectiveness of EMDR in treating sexual offenders who are abuse victims themselves,
- the role of bilateral eye movements in EMDR treatment, and
- the efficacy of EMDR for veterans diagnosed with PTSD.

We launched the **Research Consultation Award**, a new funding opportunity for the ERF. This award is available to assist clinicians, students or faculty in conducting research on EMDR and/or disseminating their findings. The purpose is to facilitate access to expertise needed in order to advance the development of an EMDR research project, to support the completion of a project, or the writing of

EMDR Research Foundation will be an exhibitor at this year's Psychotherapy Networker Symposium in Washington, D.C. March 21-24, 2013. Be sure to stop by our booth to learn more about our mission.

**Don't forget to like us on Facebook.** It is just one more way to support the EMDR Research Foundation! It is free, quick, and greatly benefits us!



## Board of Directors

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an article for publication.

Our "**Translating Research Into Practice**" column also debuted in the [Journal of EMDR Practice and Research](#). This column is edited by the ERF and provides a link between research findings and the implications on clinical work. Clinicians have a unique opportunity to share how a particular research finding has impacted their work with clients.

**32 new members** joined the Visionary Alliance and at least **15 current members increased their monthly pledge**, bringing the total number of members and donations to a record high.

The Foundation is excited about what 2013 will bring. As we look forward, the Foundation will continue to stay focused on its goals: 1) to test the application of EMDR therapy with various traumatic disorders and new areas of need; 2) to make research findings available in a relevant way so clinicians know what works for whom; and 3) to ultimately heal people.

Thank you for your continued support. Look for more exciting news as the year unfolds.

## Grant awards due February 1, 2013



**REMINDER: Deadline for grant submissions is February 1.**

Find us on Facebook 

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The EMDR Research Foundation is committed to providing funding and support for unbiased research in EMDR with the ultimate goal of improving the quality of client care and the transformation of lives. Funding research alone won't do that - research has to be available and accessible to clinicians in a way that is relevant to their work!

In November 2012, The EMDR Research Foundation announced criteria for research grant applications in the field of Eye Movement Desensitization and Reprocessing (EMDR). Grant awards of up to \$10,000 are available for qualifying researchers and priority will be placed on studies that emphasize underdeveloped applications such as the underlying mechanisms of EMDR, EMDR treatment of depression, anxiety disorders, somatic and medical conditions, suicide (military and nonmilitary), eating disorders, substance abuse, dissociative disorders and populations such as combat veterans, children and adolescents. Award recipients will be notified of their selection by April 15.

For more information about how to apply, visit  
[www.emdrresearchfoundation.org](http://www.emdrresearchfoundation.org).

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